

American Sewing Guild San Jose Chapter Presents

Fit Over Fifty

with Joi Mahon

This will be a Zoom Presentation

The Zoom Link will be emailed to Registered Participants

Presented on July 21, 2022

From 1:00 to 4:00 PM

Registered participants will be able to view the class for up to two weeks on a private Facebook page provided by Designer Joi. This will allow paying students access who may not have been able to attend at the live taping.

Class Description

Do you struggle with forward tilting shoulders, uneven hips, shoulders, a high hip, protruding neck, garments that droop, drag, pull, or bind; or struggle to find clothing to fit a protruding tummy or fuller bottom? It's a fact! Your body is changing every day. As sewists we often wake up at a certain age, and we act surprised that suddenly, we have fitting issues. It's not that we suddenly become hard to fit, it's that we did not plan our sewing and fitting skills around practical sewing solutions that apply to real life. The body is a moving object, and we can face it with confidence when we have the right tools. Join Designer Joi for a special three-hour Fit After 50 seminar where she will share solutions to these issues and many others as well as explain how and why these things occur in our sewing.



Joi Mahon

Joi Mahon is an award-winning designer and expert in fit and a fashion entrepreneur with a wide range of sewing endeavors. She is a McCall Licensed Pattern Designer, Craftsy Instructor, and Creator of Designer Joi's Perfect Pattern and Fit Club. With a passion to convey real sewing and fitting solutions, Joi teaches what really works for the individual body based on her real life fitting experiences. Her third book, *Ultimate Illustrated Guide to Sewing Clothes*, has been a huge success.



By July 18th return the bottom portion of this flyer including your check made out to ASG San Jose to:

Marge Cooper: 1030 Narciso Ct, San Jose, Ca 95129-3027

Name _____	ASG Member	\$30	\$ _____
Address _____	Non-Member price	\$45	\$ _____
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Email: _____	For a Special price of \$ 80		\$ _____
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If you have questions contact Marge at 408-252-0145 or mcsews2@comcast.net

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